

## Team Goals

- Provide consultative psychiatric services to elderly population in the community to avoid acute inpatient hospitalization
- Maintain elderly patients in their familiar environment
- Promote Geriatric nursing and certified nursing assistant education and training in the community
- Provide continuing support to the community caring for the elderly
- Provide caregiver support training



**Contra Costa  
Regional Medical Center  
and Health Centers**

2500 Alhambra Avenue  
Martinez, CA 94553

Phone: 925-370-5200, Ext. 4782  
Fax: 925-370-5776



**Contra Costa  
Regional Medical Center  
and Health Centers**



**Geriatric  
Consultation  
Team**

● **Telephone (925) 370-5200,  
Extension 4782**

● **Fax (925) 370-5776**

## Team Members



Aneela Ahmed, M.D.

JoAnn Thilgen, R.N.

Family Practice Residents

## Hours of

### Consultation Services

Monday through Friday

8:00 a.m. to 5:00 p.m.

(excluding holidays)

## Facility Expectations

- Reason for consult
- Accompany team member to patient's room
- Provide current medication list
- Recent vital signs
- Brief summary—diagnosis, history, etc.
- Complete referral form
- Greet and orient team member(s)
- Attend education programs held at CCMRC
- Monthly check in staff meetings to review cases
- Need doctors orders with family approval



## Team Expectations

We will provide initial follow up

We will write in the SNF patient record including orders if approved by the primary care physician

## Referral Criteria

- Medication Stabilization
- Unstable agitation
- Unstable Psychosis
- Major Depression, dementia
- Any change in condition that requires immediate psychiatric intervention



**Kaiser patients will be served by Kaiser**

**This community service is currently provided at no charge**