

June 24, 2022

Public Health Advisory

Contra Costa Health (CCH) today reaffirms its commitment to reproductive health rights, and to ensure that all county residents may access safe, legal, nonjudgmental care, including abortion services.

The U.S. Supreme Court's decision to overturn its *Roe v. Wade* decision have understandably raised fears in the community about the future of reproductive health rights and bodily autonomy. The ability to access reproductive healthcare – and to maintain autonomy over our own bodies – is essential to the health and wellbeing of everyone in our community.

Any loss of reproductive rights threatens us all, particularly women, and especially those living in communities of color and others disproportionately affected by health inequities. Less access to care in Contra Costa County would only deepen those inequities.

That is why CCH stands with our community's providers and women in supporting continued, unfettered access to all reproductive and sexual healthcare services, including access to abortion services for pregnant people who choose to end an unwanted pregnancy.

While we are encouraged that California lawmakers have indicated they will not allow that decision to limit abortion services in our state and may change the state constitution to strengthen legal protections of our reproductive rights, the recent ruling may confuse some people about the legality or propriety of accessing abortion services.

CCH urges all community health providers to:

- Provide confidential, nonjudgmental assistance to all women seeking abortion services to understand and navigate their options
- Ensure the provision of current, accurate health information regarding abortion services
- Familiarize themselves with community reproductive healthcare resources so they can better assist women who choose to access them

Resources

Reproductive healthcare services are widely available in Contra Costa. Some resources available to all county residents include:

[Planned Parenthood Northern California](#) – 1-800-230-7526



Planned Parenthood offers a full range of reproductive health services at several locations in Contra Costa. Click the “Get Care” button to learn more, search for a local health center, or make an appointment.

[Contra Costa Public Health – Women’s Health Services Clinics](#) – 925-608-5360

Contra Costa Public Health provides pap smears, breast exams, contraception, pregnancy/STD/HIV testing, options counseling, and referrals for other services at clinics in Antioch, Brentwood, Concord, Pittsburg, and San Pablo. Women with low income may qualify for no-cost or reduced-cost services.

[Plan C – plancpills.org](#)

A national nonprofit campaign sponsored by the National Women’s Health Network, Plan C is an educational resource that helps people locate services in their community.

[I need an abortion – ineedana.com](#)

An abortion services locator by zip code that provides, simple, safe and up-to-date information for people seeking abortions.

[My Abortion Network – myanetwork.org](#)

A network of clinicians providing safe and supportive telehealth abortion services in primary care.

[All-Options Toll-Free Talk Line](#) – 1-888-493-0092

Supportive, free counseling to discuss pregnancy, abortion, adoption, infertility, parenting, or pregnancy loss.

[Exhale Provoice – 617-749-2948](#)

A talk/text line that provides emotional support after an abortion experience.

[Euki Reproductive Health App – eukiapp.com](#)

Available at both the [Google Play Store](#) and [Apple App Store](#), Euki is a sexual health app that provides reliable, evidence-based sexual and reproductive health information, including about contraception, abortion and sexually transmitted infections, to assist and inform the user’s decision making. The app is available in English and Spanish and adapts to fit the needs of its users.



Online resources for providers

[Reproductive Health Access Project](#)

An organization that trains, supports, and mobilizes primary care clinicians to ensure equitable access to sexual and reproductive healthcare, including abortion.

[Abortion Pill CME](#)

Online training for providers about medication abortion.

